DRAFT DEMO SCHEDULE FOR EXPO										
FRIDAY April 16		Upper Hall Station 9	Station 8	Clearwater Arena Blue Rink Back Half Station 7	Clearwater Arena Blue Rink Back Half Station 6	Clearwater Arena Red Rink Back 3rd Station 5	Clearwater Arena Red Rink Middle Station 4	Clearwater Red Rink 1/2 front 3rd Station 3	Clearwater Red Rink 1/2 front 3rd Station 2	Lower Hall Station 1
8:00	9:00						Set-up			
9:00	9:20	Paralympian Darda Sales	Urban Poling Jason Quinlan	Sarnia Sting and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Dynamic Academy of Martial Arts	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
9:20	9:40	Pictures Taken with Olympic Torch - Anna Bartlette		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Dynamic Academy of Martial Arts	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
9:40	10:00	Paralympian Darda Sales	Urban Poling Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Dynamic Academy of Martial Arts	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
10:00	10:20	Pictures Taken with Olympic Torch - Anna		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Flag Football Association	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
10:20	10:40	Paralympian Darda Sales		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Flag Football Association	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	BREAK
10:40	11:00	Pictures Taken with Olympic Torch - Anna Bartlette	Urban Poling Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Sarnia Flag Football Association	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
11:00	11:20	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
11:20	11:40	Paralympian Darda Sales		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Rugby Club	Olympian Kathy Ure Sharky's Boxing Club	BREAK	Lambton College Sport & Rec Different Activities throughout the day	BREAK
11:40	12:00	Pictures Taken with Olympic Torch - Anna Bartlette	Urban Poling Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Sarnia Rugby Club	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
12:00	12:20	Paralympian Darda Sales	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Dynamic Academy of Martial Arts	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
12:20	12:40	Pictures Taken with Olympic Torch - Anna Bartlette		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Dynamic Academy of Martial Arts	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
12:40	1:00	Paralympian Darda Sales	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Sarnia Imperials Football Club	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
1:00	1:20	Pictures Taken with Olympic Torch - Anna Bartlette	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Imperials Football Club	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
1:20	1:40	Paralympian Darda Sales	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Imperials Football Club	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
1:40	2:00	Pictures Taken with Olympic Torch - Anna Bartlette	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Sarnia Imperials Football Club	Olympian Kathy Ure Sharky's Boxing Club	Bluewater Rowing	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
2:00	2:20	BREAK	Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Ultimate Frisbee	BREAK	BREAK	Lambton College Sport & Rec Different Activities throughout the day	BREAK
2:20	2:40	Pictures Taken with Olympic Torch - Anna Bartlette		Sarnia Sting, Softball Ontario and Splashdown Paintball	Twist Sport Conditioning Sharky's Athletic Club - Mark Anderson	Sarnia Ultimate Frisbee	Olympian Kathy Ure Sharky's Boxing Club	BREAK	Lambton College Sport & Rec Different Activities throughout the day	BREAK
2:40	3:00	BREAK		Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Sarnia Ultimate Frisbee	Olympian Kathy Ure Sharky's Boxing Club	BREAK	Lambton College Sport & Rec Different Activities throughout the day	Lambton County Regional Trails
3:00	3:30		Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	BREAK	BREAK	BREAK	BREAK	BREAK
3:30	4:00			Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Lambton College Sport & Rec Different Activities throughout the day				BREAK
			Dog Sledding	Sarnia Sting, Softball Ontario						

4:30	5:00	Pictures Taken with Olympic Torch - Anna Bartlette		Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Lambton College Sport & Rec Different Activities throughout the day	BREAK
5:00	5:30		Dog Sledding Jason Quinlan	Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Boxing Sparring/Match National Boxers	BREAK
5:30	6:00		St Clair Teak won do	Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Boxing Sparring/Match National Boxers	BREAK
6:00	6:30		Taoist Tai Chi	Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Boxing Sparring/Match National Boxers	BREAK
6:30	7:00		St Clair Teak won do	Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Boxing Sparring/Match National Boxers	BREAK
7:00	7:30		Taoist Tai Chi	Sarnia Sting, Softball Ontario and Splashdown Paintball	Fit Chix Academy - Twist Sport Conditioning Leisa Randall	Boxing Sparring/Match National Boxers	BREAK
7:30	8:00			Sarnia Sting, Softball Ontario and Splashdown Paintball	Elite Dance Academy	Boxing Sparring/Match National Boxers	BREAK