

DRAFT DEMO SCHEDULE FOR EXPO

FRIDAY April 20		Upper Hall Station 9	Station 8	Clearwater Arena Blue Rink Back Half Station 7	Clearwater Arena Blue Rink Back Half Station 6	Clearwater Arena Red Rink Back 3rd Station 5	Clearwater Arena Red Rink Middle Station 4	Clearwater Red Rink 1/2 front 3rd Station 3	Clearwater Red Rink 1/2 front 3rd Station 2	Lower Hall Station 1
8:00	9:00						Set-up			
9:00	9:20	Lebert Equilizer	WAKE BOARDING Wake Up Call	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Ultimate Frisbee	BREAK	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental Lambton College Sport & Rec Students	BOATFEST
9:20	9:40	Lebert Equilizer	Sarnia Riding Club	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
9:40	10:00	Lebert Equilizer	Belly Dancing	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Imperials Football	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental Lambton College Sport & Rec Students	BOATFEST
10:00	10:20	Lebert Equilizer	Sarnia Riding Club	BREAK	Dynamic Academy of Martial Arts	BREAK	Sarnia Ultimate Frisbee	Fencing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
10:20	10:40	Lebert Equilizer	Belly Dancing	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	Fencing	BREAK	BREAK
10:40	11:00	Lebert Equilizer	YMCA	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Imperials Football	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
11:00	11:20	BREAK	WAKE BOARDING Wake Up Call	BREAK	ASW Athletics Southwest Track & Field	BREAK	Sarnia Ultimate Frisbee	BREAK	BREAK	BREAK
11:20	11:40	Lebert Equilizer	WAKE BOARDING Wake Up Call	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	Fencing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
11:40	12:00	Lebert Equilizer	WAKE BOARDING Wake Up Call	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Imperials Football	BREAK	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental Lambton College Sport & Rec Students	BOATFEST
12:00	12:20	Lebert Equilizer	St Clair Tae Kwon Do	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Ultimate Frisbee	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
12:20	12:40	Lebert Equilizer	St Clair Tae Kwon Do	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	Fencing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
12:40	1:00	Lebert Equilizer	St Clair Tae Kwon Do	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Imperials Football	BREAK	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
1:00	1:20	Lebert Equilizer	YMCA	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Ultimate Frisbee	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
1:20	1:40	Lebert Equilizer	YMCA	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
1:40	2:00	Lebert Equilizer	WAKE BOARDING Wake Up Call	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Imperials Football	Fencing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
2:00	2:20	BREAK	Belly Dancing	BREAK	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Ultimate Frisbee	BREAK	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BOATFEST
2:20	2:40	BREAK	Sarnia Riding Club	The Fastest Tennis Serve FIT TO GO	ASW Athletics Southwest Track & Field	Children Obstacle Course Guts Personal Training/Dr DeShane	BREAK	Bluewater Rowing	Blast Ball - Softball Ontario & Dunk Tank - Par Tee Rental	BREAK
2:40	3:00	BREAK	Belly Dancing	The Fastest Tennis Serve FIT TO GO	Dynamic Academy of Martial Arts	Children Obstacle Course Guts Personal Training/Dr DeShane	Sarnia Lions Football Club	BREAK	BREAK	BOATFEST
3:00	3:30	Lebert Equilizer	Lambton Elderly Outreach	ASW Athletics Southwest Track & Field			Sarnia Ultimate Frisbee - Full Arena			SET-UP
3:30	4:00		Strangway Center	Dynamic Academy of Martial Arts			Sarnia Ultimate Frisbee - Full Arena			Gardening - Communities in Bloom Presents - Weedman's Bruce Ballingall will talk about a new product coming on the market called Saritor. It is an organic way to kill lawn weeds.
4:00	4:30		Lambton Elderly Outreach	The Fastest Tennis Serve FIT TO GO			Sarnia Lions Football Club - Full Arena			Gardening - Communities in Bloom Presents - Jane Bastien, from the City of Sarnia Horticulture Dept. will give a demonstration on creating a beautiful summer basket, patio planters and baskets, planters

5:00	5:30			Belly Dancing	SET-UP	SET-UP	SET-UP	SET-UP	Gardening - Communities in Bloom Presents - Jim Sylvester, from Proscape Landscape & Lawn Maintenance will discuss lawn maintenance and landscaping in 2009, and organic methods for keeping a healthy lawn.
5:30	6:00		Belly Dancing	Lebert Equilizer	SET-UP	SET-UP	SET-UP	SET-UP	
6:00	6:30		Taoist Tair Chi	ASW Athletics Southwest Track & Field	Obstacle Course brought to you by Guts Personal Training & DeShane Chiropractic of 4 will be battling it out for the best time			Local teams	Gardening - Communities in Bloom Presents - Brenda Lorenz - Home composting seminar - how to build you own compost
6:30	7:00		Lebert Equilizer	Dynamic Academy of Martial Arts	Obstacle Course brought to you by Guts Personal Training & DeShane Chiropractic of 4 will be battling it out for the best time			Local teams	
7:00	7:30		Taoist Tair Chi	The Fastest Tennis Serve FIT TO GO	Obstacle Course brought to you by Guts Personal Training & DeShane Chiropractic of 4 will be battling it out for the best time			Local teams	Gardening - Communities in Bloom Presents - Norm Amy from Bluewater Pond Club will discuss whats involved in creating and running a successful pond.
7:30	8:00		Lebert Equilizer	St Clair Tae Kwon Do	Obstacle Course brought to you by Guts Personal Training & DeShane Chiropractic of 4 will be battling it out for the best time			Local teams	